

(This is the mail in form; please use the online registration form to pay with PayPal or credit card.)

Name: (one per registration) \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Staying at Hope Lake Lodge? Rooming with: \_\_\_\_\_

Which party is paying for the suite? If you, add to your costs. Room fee @ \$161.25 or  
\$200.35 PER NIGHT \$ \_\_\_\_\_

Staying which nights? \_\_\_\_\_

Do you need a suite with a full kitchen? \_\_\_\_\_

Or, need roommates? Special considerations? Let me know. Irene at [treewenie@aol.com](mailto:treewenie@aol.com)

Meals: Staying at Lodge, breakfast is FREE. Others pay \$13.15 times # of breakfasts..... \$ \_\_\_\_\_

Make-your-own lunch in lobby @ \$8.10 times # of lunches..... \$ \_\_\_\_\_

Thursday dinner: Italian buffet with chicken cacciatore and eggplant parmesan @ \$31.15 \$ \_\_\_\_\_

Friday dinner: Roast beef w/mushroom or turkey breast w/cranberry buffet @ \$30.00 ..... \$ \_\_\_\_\_

Saturday dinner: Chicken cordon bleu and roast pork loin buffet @ \$30.00 ..... \$ \_\_\_\_\_

In all cases, vegetarian choices are available for those who check here: (\_\_\_\_\_)

Will you need the Lodge shuttle to get to dinners? 1/4 mile round trip. No charge. (\_\_\_\_\_)

REGISTRATION FEE:

\$25.00 members of either FLT or NCTA, \$30.00 non-members, children under 12 free .... \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Checks payable to Finger Lakes Trail, mailed to same, 6111 Visitor Center Rd., Mt. Morris, NY 14510, with this form, both pages. Any question: call or email Irene at [treewenie@aol.com](mailto:treewenie@aol.com), or 585-658-4321

**REGISTRATION DEADLINE: 6 AUGUST**

**Hike and tour registrations:** check your choices!

**Thursday:** T1: Schackham Loop \_\_\_\_ T2: Rainbow hike \_\_\_\_ T3: Taylor Valley \_\_\_\_  
T4: Ski Lift Views \_\_\_\_ T5: Next Door State Forests \_\_\_\_ T6: Lithuanian and Irish Loops \_\_\_\_

**Friday:** F1: Gulf Rd. to Connecticut Hill \_\_\_\_ F2: Robert Treman Park \_\_\_\_ F3: Special Preserves \_\_\_\_  
F4: State Forests and Two Shelters \_\_\_\_ F5: Abbott Loop \_\_\_\_ F6: M18 Short Sampler \_\_\_\_  
F7: Ithaca Area Waterfalls \_\_\_\_

**Saturday:** S1: W. Glen - 10.4 M \_\_\_\_ S2: W. Glen - 5.8 Miles \_\_\_\_ S3: W. Glen - 2.7 Miles \_\_\_\_  
S4: M15 Eastbound \_\_\_\_ S5: M15 Westbound \_\_\_\_ S6: Hoxie Gorge Hike \_\_\_\_  
S7: Land Trust etc. \_\_\_\_ S8: Sapsucker Woods Tour \_\_\_\_

**Sunday:** U1: Jim Schug Rail Trail \_\_\_\_ U2: Hoxie Gorge to Underwood Hill \_\_\_\_ U3: Cheningo-Solon Pond \_\_\_\_  
U4: Stoney Brook Rd. South \_\_\_\_ U5: Fellows Hill Loop \_\_\_\_

**Workshops:**

Thursday: W1: GPS Session \_\_\_\_ W2: Cross cut saw \_\_\_\_  
Sunday: W3: CPR \_\_\_\_ (*Pay \$5.00 fee at session*) W4: Optimal Location Review \_\_\_\_

**PLEASE READ AND SIGN THE FOLLOWING:**

Those persons enjoying the Finger Lakes Trail (FLT) and/or activities sponsored by the Finger Lakes Trail Conference (FLTC) or any clubs conducting activities on behalf of, or in support of the FLTC, accept full personal responsibility for their own well being, or, for the well being of a minor when acting in the capacity of parent or guardian. Further, users of the FLT accept and understand that hiking is a rigorous activity often conducted in rugged outdoor conditions subject to variations in weather and terrain conditions which may involve the risk of injury or death, and that we are fully responsible for own safety and selecting activities that are consistent with our physical capabilities.

Print Name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_