

FLT Fall Conference Hikes

Hickory Hill Campground
Bath, NY

Friday 10/1/10

1. Mossy Bank Park. 3 miles. Some say this park offers the “best views in western New York.” It’s hard to dispute this claim as you stand on the edge of a cliff overlooking Bath and the Cohocton River valley. The trails cross through hemlock forests and are on the upland portion of the park. Easy. Leaves from Campground at 1:00pm
2. M12 access 5 to B3 access 18. 6.6 miles. Hike 180 degrees from Route 13 on the Main Trail to Route 13 on the Bristol Hills branch trail. Hike will start just up the road from the campground and walk through typical Finger Lakes forest of hemlock and maple, passing scenic ponds. Trail has common topography of Steuben County with several elevation changes! Moderate. Leaves Campground at 1pm.
3. M11 Access 4 to campground. 8.8 miles. Camaraderie and fall foliage make the best of polishing off several miles of road walk! Join potential fellow end-to-enders to hike 6.5 miles of road with 1 mile stretches of very pleasant woods on either side. Hike will start at access 4 on M11 and hike back into campground. Significant uphill climb along dirt Cockrane Road with 360 degree views at the top. Moderately strenuous. Leaves Campground at noon.

Saturday 10/2/10 All hikes except #4 leave campground at 9am

4. M12 access 2 Robbins Road to Campground. 2.3 miles. Short but rugged trail with nice fall views of the surrounding hilltops. Moderate. Leave campground at 9:30.
5. June Bug Trail. M12 Access 6 to Glenn Curtis Museum. 4.6 miles. Hike from main trail up Mount Washington and back down the June Bug Trail to the Glenn Curtis Museum. Visit the museum dedicated to the memory of pioneer aviator, Glenn Curtiss. In 1907 he became the “fastest man on earth” when he attained a speed of 136.4 MPH on his V8 powered motorcycle. The museum contains a priceless collection relating to early aviation and local history. Moderately strenuous climb up Mt Washington.
6. M12 access 10 to access 5. 10.9 miles. Enjoy the varied terrain of Steuben County on this hike with a hilltop view of Keuka Lake atop Mount Washington, the serenity of hemlocks along the Mitchellsville Gorge and local grape vineyards of the Finger Lakes. Strenuous but beautiful.
7. B3, Access 18 to 15. 8.3 miles. Hike through lovely Pigtail Hollow and Urbana State Forests, including the Huckleberry Bog Trail and the 2 story Evangeline Shelter. Moderate.

Sunday 10/3/10 All hikes, except #8 & 10 leave campground at 9:00am

8. B3, Access 16: Huckleberry Bog Nature Trail loop, 4.8 miles. Lots to look at and enjoy on a loop with great tree and shrub variety, droplets of history along the way, a restored old cemetery, and one of the finest trail shelters in NY. One hill at the beginning, then most of the walk is level and fairly easy. Don't be in a hurry since this place deserves savoring, and leader will be blabbity. Leaves campground at 9:30.
9. Crystal Hills Trail. approximately 6 miles. Hike New York’s very own section of the Great Eastern Trail. Trail starts from Moss Hill Lean-to, M13 through South Bradford State Forest. Moderate.
10. B3 Fiona Loop. Loop hike from access 15. 3.8 miles. Stroll along the Fiona Loop, a pretty woods walk passing many old boundary trees, roadside lakes and barns. Nice fall hike. Moderate. Leave campground at 9:30.

11. M11 access 4 to M10 access 1. 8.8 miles. This coupled with Hike # 3 will complete M11 and 2.4 miles of M10. Enjoy the fall views of Steuben County maples along this roller coaster of a hike along Turnpike Road. This is the only time of year to complete 2.8 miles of road walk with truly spectacular views of the colorful hills. Moderately strenuous.

Note for all hikes:

Fall color to be determined by Mother Nature!

Hike levels are an estimate only! Steuben County has a terrain making it difficult to determine hiking levels. Some shorter hikes are not necessarily easier. All longer hikes are guaranteed to give an aerobic workout or your next hike is free ☺.

There are several opportunities for self-guided hikes, walks and tours of local attractions as well. Also check out the Finger Lakes Wellness Center and Health Spa, which is owned by our hosts and is located right next door to the campground.

A list will be available upon arrival.

Hickory Hill Family Camping Resort is a wonderful facility. If you are unfamiliar with it, please check their website: <http://www.hickoryhillcampresort.com/>

Programs

Friday, October 1 at 7:30 PM

“One foot in front of the other—are you wearing the same old hiking boots?”

Richard Shear, owner of Hamilton’s, the well-established shoe store in Wellsville, NY (established 1928), will join us to speak about innovations in footwear. Some of you familiar with the Ridgewalk in Wellsville, NY will recognize Rich as a landowner and longtime organizer of the event. The presentation will include how shoes are constructed for different kinds of terrain, what works best for different kinds of trails, and of course, comfort on the trail. Enjoy an interesting conversation on how to find the right shoe for the kind of hiking you do. Bring your questions—he has the answers.

Saturday, October 2 at 7:30 PM

High Points of America—want to join “the club?”

John and Marcia Browning reside in Florida but since retiring, spend their summers in New York. They will tell us about the Highpointers Club and their quest to reach the summit of each of the fifty states in America. You may have hiked the highest in NY (Mt. Marcy in the Adirondacks) at 5,344 ft, but what about the lowest state highpoint? It is over 300+ ft. The highest? Find out about both of these and many more during a slide presentation of some of the most beautiful hikes in America. John and Marcia will share with you some breath-taking pictures and the stories of some of the 45 state highpoints they have climbed together—just for fun.

Weather permitting, we will have campfires each evening after the programs.

Fall Campout 2010 Registration

October 1-3 at Hickory Hill Family Camping Resort, Bath, NY

Name(s) _____

Street _____

City _____ State _____ Zip _____

Phone_(____) _____ Cell_(____) _____

Email(s) _____

Emergency Contact: Name _____ Phone_(____) _____

Registration Fee:

FLT Members \$10 each Non-Members \$15 each \$ _____

Join the FLT for \$15 individual or \$20 family & claim member benefits through 3/31/11. This saves you \$5/person on registration. \$ _____

Lodging (see specific offerings next page) Type _____ \$ _____

Meals: (V means "vegetarian", please circle lunch choices for each person)

Meal Package(s) (save \$4) \$65/per person X quantity _____ \$ _____

Ala Carte Meals:

Friday Dinner \$12/person X quantity _____ V? \$ _____

Saturday Breakfast \$9/person X quantity _____ \$ _____

Saturday Lunch \$7/person X quantity _____ H T B V \$ _____

Saturday Banquet \$25/person X quantity _____ V? \$ _____

Sunday Breakfast \$9/person X quantity _____ \$ _____

Sunday Lunch \$7/person X quantity _____ H T B V \$ _____

Total for Registration, Lodging & Meals (checks only, please) \$ _____

Hike Selections: Person 1 _____ Person 2 _____

One selection for each day per person. This is for planning purposes. You can change your mind.

Liability Waiver:

Please Read and Sign the following:

Those persons enjoying the Finger Lakes Trail (FLT) and/or activities sponsored by the Finger Lakes Trail Conference (FLTC) or any clubs conducting activities on behalf of, or in support of the FLTC, accept full personal responsibility for their own well being, or, for the well being of a minor when acting in the capacity of parent or guardian. Further, users of the Finger Lakes Trail accept and understand that hiking is a rigorous activity often conducted in rugged outdoor conditions subject to variations in weather and terrain conditions which may involve the risk of injury or death, and, that we are fully responsible for our own safety and selecting activities that are consistent with our physical capabilities.

Signed _____ Signed _____

Lodging Options: (please read pricing carefully, some are per person per night)

RV site with water, sewer & electricity \$40/night

Campers \$10/night/adult, \$5/night/child (shared tenting area)

Lodges (Sleeping space for 8) \$270 for two nights

Cottages (Sleeping space for 6) \$230 for two nights

Cabins (Sleeping space for 4) \$150 for 2 nights

Contact the FLT Office for Cabin, Cottage & Lodge Availability BEFORE selecting those options.

FLTinfo@fingerlakestrail.org or call 585-658-9320. Leave a daytime phone number if you get our voice mail, and we will call you back as soon as possible

There are plenty of RV and camping spaces.

Meals: See the last page for menus.

If you would like a Vegetarian option, please circle "V" next to the meal. For the trail lunches, you have 4 choices. Circle the letter "H" (Ham), "T" (Turkey) "B" Beef or "V" Veggie next to those lunches.

Registration Deadlines

The registration deadline for **lodging** is **September 8**. After that date lodging is ON YOUR OWN for cabins, cottages & lodges (Contact Hickory Hill directly). We WILL accept camping reservations right up until 10/1. The meal reservation deadline is **September 20**. We realize that this is somewhat complex, so feel free to contact us with questions.

Finger Lakes Trail Conference

6111 Visitor Center Rd.

Mt. Morris, NY 14510

585-658-9320

fax 585-658-2390

FLTinfo@fingerlakestrail.org

Hickory Hill Family Camping Resort is located in the Southern Finger Lakes region of Upstate New York, not far from Rochester (75 miles), Binghamton (100 miles), Buffalo (100 miles), Corning (20 miles) and Elmira (45 miles).

How to Find Hickory Hill:

From Route 17/I-86, take Exit 38, straight through 2 lights, turn left onto Rt. 54 North at 3rd light. At fork in road, bear left and follow for 1.5 miles.

GPS Directions:

N 42°, 21.915 min W 77°, 18.621 min

Address & Phone for Hickory Hill

7531 County Route 13 Bath, NY 14810 (800) 760-0947 (607) 776-4345

a map can be found on their website: <http://www.hickoryhillcampresort.com>

Menu for Fall Campout, 2010

FRIDAY 10/1

Dinner: 6:30pm

Choice #1: Pulled Pork – Pulled Pork Sandwiches, Salt Potatoes, cole slaw, tossed salad, dessert

Choice #2: Vegetarian Pasta Dish – Pasta Alfredo, Tossed Salad, salt potatoes, cole slaw, bread and dessert

SATURDAY 10/2

Breakfast:

Buffet consisting of:

Cold cereals/milk, variety of muffins & bagels, juices, assorted fruit, scrambled eggs, sausage links, bacon, French toast, coffee, tea, cocoa

Lunch:

Trail Lunches

Wraps or sandwiches (choice of Turkey, Ham, beef or veggie)

Fruit, cookies or brownie, trail mix or granola bar

Dinner: 6:30pm

Buffet consisting of:

Meatballs, Marinated boneless, skinless chicken breast, roast beef, ziti (no meat), green beans, mashed potatoes, tossed salad, pasta salad, beverages and a dessert.

SUNDAY 10/3

Breakfast:

Buffet consisting of:

Cold cereals/milk, variety of muffins & bagels, juices, assorted fruit, scrambled eggs, sausage links, bacon, Pancakes, coffee, tea, cocoa

Lunch:

Trail Lunches

Wraps or sandwiches (choice of Turkey, Ham, beef or veggie)

Fruit, cookies or brownie, trail mix or granola bar